

# Dynamic models for emotion estimation from physiological signals

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## Abstract

The ultimate goal of Human-Machine Interaction is to make interaction as natural as possible. To accomplish this, the recognition of the user's emotional state is considered an important factor. The field of emotion recognition and modelling has predominantly employed static machine learning approaches that ignore the dynamic nature of emotions. However, this dynamic character has recently been highlighted by the emergence of appraisal models (e.g., Scherer's Component Process Model, CPM). These recent developments of emotion theory have been combined with Dynamic Field Theory (a well-established framework in the field of embodied cognition) to model emotion intensity based on galvanic skin response changes. The present work aims for an extended approach that considers not only the intensity, but also the quality of emotions as well as the dynamic and simultaneous changes of both. To create a dynamic emotion model, we will record and analyse electrophysiological signals. In contrary to most studies in literature where the assessment of the subjective feeling is performed after the exhibition of a stimulus, we will assess the subjective feeling online (during the emotion elicitation and data collection). This will allow us to directly compare the recorded subjective feeling with the dynamic output of our model. The development of such a dynamic model will not only contribute for a better understanding of the emotional processes but will also benefit several real-world applications, such as gaming, mental health monitoring, and driving-assistance technologies.

## Keywords

emotion recognition, appraisal models, emotion dynamics, electrophysiological signals

## 1. Introduction and Objectives

Emotions play a crucial role in people's lives, influencing how we think and behave. Besides the introspective character of emotions, they are particularly important in communication and the ability to recognise other people's emotions is a sign of emotion intelligence. With this in mind, intelligent user interfaces need to exhibit this ability of recognising emotions to replicate a human-like interaction and better adapt the system behaviour [1].

Over the last two decades, efforts have been made to predict and model users' emotional states [2]. Electrophysiological methods represent a powerful tool for this purpose, since they are involuntary, difficult to mask, and able to capture spontaneous and subconscious information

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continuously. These signals provide complementary information and thus their combination can be used to build a multi-modal approach for emotion recognition [3, 4].

The dynamic nature of emotions is often recognised in different theories [5] and therefore one could expect that state-of-the-art techniques for emotion recognition would take this into consideration. Nevertheless, emotion dynamics has been vastly disregarded in emotion recognition studies, which represents a lack in the literature that needs to be settled.

In most studies, an affective state is commonly detected within a time window by employing static machine learning approaches [2], which can either be traditional statistical methods [6, 7] or deep learning approaches [8, 9]. On the other hand, the emergence of the so-called *appraisal models* emphasised the dynamic nature of emotions, since emotions are defined as processes and involve different components and their interactions in time [10], bringing a refreshed architecture to investigate emotion dynamics. Given the early stage of this field, further studies need to be conducted to consolidate the findings and to extend the preliminary models, since the few existent literature is dominated by behavioural studies. Also, the subjectively felt emotion is poorly assessed in most studies, which does not provide a reliable ground truth.

To overcome the presented limitations, Jenke & Peer (2018) [4] employed galvanic skin response to dynamically model emotion intensity over time. In this study, a specific appraisal model was considered — the Scherer’s Component Process Model (CPM) [11, 12]. In fact, unlike the machine learning approaches who behave like black-box models to recognise emotions [13], the CPM provides a mean to combine both theoretical and empirical properties over time (grey-box approach). Therefore, Jenke & Peer (2018) [4] took advantage of this to develop a dynamic grey-box model for intensity estimation based on the Dynamic Field Theory [14]. Moreover, the subjectively felt intensity was measured in real-time during the exhibition of IAPS images [15] and, thus, this information could also be included in the model. This incorporation is essential for a correct interpretation of the model. We consider this study pioneer in multiple aspects, but especially in the introduction of a dynamic model to predict affective states from physiological signals and taking theoretical knowledge from the CPM into account. Despite the relevance of this work, it still presents some limitations that need to be overcome, namely: the intensity model is still requiring extra information for a better prediction; the emotional states were merely divided into positive, negative, and calm; and it just considers changes in intensity over time (other types of dynamics are disregarded).

The abovementioned limitations will be overcome through this project with the addition of extra information provided by other electrophysiological signals, since the model can embody this information. We will analyse the differences in intensity for distinct emotion qualities. Moreover, the emotion quality will be introduced in the model to predict trajectories between emotional states, as well as to investigate whether the quality transitions affect emotion intensity.

The subjective feeling, that plays a special role in the CPM, integrates the information from all the emotional components and materialises it in a conscious representation of the affective state. This perception is essential for emotion regulation, in which the individual has the ability to control one’s own emotional state [16]. In this sense, the mentioned assessment of the subjective feeling may represent an advantage in the incorporation of this type of models in clinical tools capable of helping individuals in this regulation. Moreover, these models may also benefit several “daily-life” applications, such as driving-assistance technologies and gaming.

## 2. Proposed Approach

### 2.1. Model

The Component Process Model encompasses five components that interact with one another. Among these components, the subjective feeling is characterised by its quality, intensity, and duration. The appraisal component is built upon a set of sequential criteria (the so-called “stimulus evaluation checks”, SECs) that influence other components and, thus, physiological changes are provoked. Different SECs can even influence the same mechanism, which stresses their non-linear combination. In this way, the design of an experiment capable of recording these physiological changes and the subjective feeling will help us to build a non-linear model to relate both.

The previous work of Prof. Angelika Peer (the supervisor of this project) [4] considered the emotion quality a known input of each trial, controlled by the design of the experiment. They adopted the Dynamic Field Theory (DFT) (a mathematical and conceptual framework built to model embodied cognition) [14] to model this type of dynamics. Since the DFT enables the combination and interaction of different DNFs, allowing the model to incorporate information from different physiological signals, we will also consider this approach by adding extra layers/physiological signals in the model.

Although this describes one of our first directions, other dynamical approaches as well as Hidden Markov Model and Reinforcement Learning may need to be employed in this project. Nonetheless, the design of our experiment will not be affected, since we will record enough information to include different types of models. These models will be trained with both physiological data and the measured subjective feeling (recorded in real-time).

### 2.2. Experiment and Data Collection

**Participants:** This study will be conducted with healthy individuals, above the age of 18, who do not report any mental disorder<sup>1</sup>. According to the literature, we expect to have among 20 and 30 participants. This number will be adjusted according to the effect size.

**Emotion elicitation:** Images will be adopted to elicit emotions due to the large consensus in the literature around their usage. More specifically, we will employ images from the International Affective Picture System (IAPS) [15], one of the most frequently cited tools to induce emotions.

**Electrophysiological signals:** Central and peripheral nervous systems (CNS and PNS, respectively) provide information on emotional states [2, 8]. We will use information from galvanic skin response (GSR), heart rate (HR), and respiration (RSP) as indicators of the autonomic nervous system (a branch of the PNS), as well as from electroencephalogram (EEG) as an indicator of the CNS.

**Experimental design:** In the proposed work, we aim for an extended approach that not only considers the intensity, but also the quality of emotions as well as dynamic changes of both. The experiment is divided into 3 different parts, as follows:

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<sup>1</sup>Before participating in the study, interested subjects will be screened with a questionnaire to assess the presence of somatization, obsessive-compulsive disorder, interpersonal sensitivity, depression, anxiety, hostility, phobic anxiety, paranoid ideation, psychoticism, and posttraumatic stress disorder. Only participants with a low prevalence of any of these conditions will be included in this study and continue with further steps

- **Intensity model:** To improve the current intensity model [4] and the analysis of intensity profiles for different emotion qualities we are going to choose 3 emotion qualities, representative of the quadrants of the Geneva Emotion Wheel (GEW) [17]. For each emotion quality (which is fixed over a trial), the intensity of the stimuli changes over the trial.
- **Quality model:** The stimuli range of intensity is assumed to be known and fixed over a trial with 3 intensity ranges are going to be considered to understand whether the intensity affects the quality transitions.
- **Quality and intensity model:** To investigate effects of quality transitions in the felt intensity one part of the experiment is going to involve stimuli who vary in both quality and intensity over the trial.

**Experimental procedure:** The first step of the experiment is an online pre-screening. The participants who meet our inclusion criteria<sup>1</sup> are invited to come to our laboratory and continue the experiment. After an explanation of the study and tasks and the obtainment of written consent, the biosensors to measure GSR, HR, RSP, and EEG is placed. The stimuli presented are part of the IAPS database [15] and are displayed on a monitor in front of the individuals. The participants provide real-time information about the quality and intensity of the emotion experienced, with access to a polar device with the GEW. The GEW contains 20 different labels representing 40 emotion qualities. By adjusting a knob, subjects provide us the felt quality (the angle of the GEW) and intensity (according to the proximity to the border of the GEW).

### 3. Preliminary Work

A pilot study was conducted with 2 participants, which allowed us to understand the need to slightly revise the experimental design. After fixing these issues, we recorded data from 2 other participants. However, just a part of the trials was recorded due to a software and a hardware problem respectively. In this sense, we were just able to conduct a preliminary analysis of the intensity model with a partial number of trials and in which we considered HR and RSP signals.

We started analysing our data with Linear Regression to serve as a baseline. We computed different features, namely: pulse frequency, pulse running rate<sup>2</sup>, RSP rate (RSP cycles per minute), RSP running rate, inspiration time, expiration time, inhalation depth, and exhalation depth. We performed a sequential feature selection based on the higher computed bandwidth accuracy<sup>3</sup> ( $A_{bdw}$ ). Preliminary results indicate that for different subjects, different feature combinations allowed to achieve the highest  $A_{bdw}$ , indicating a high subject-dependency of the optimal solution.

Finally, we also used a Nonlinear Autoregressive Network with Exogenous Inputs (NARX neural network), a recurrent dynamic network with feedback connections enclosing several layers of the network, with raw signals as input, testing it with different delays. But since deep

<sup>2</sup>The running rate is computed with respect to a reference interval that is moving along with the evaluation window as time proceeds

<sup>3</sup>Rate of samples where the model estimate matches ground truth within an acceptable margin of error, *i.e.*, the bandwidth ( $\beta$ ). We considered  $\beta$  of 10%, 15%, and 20%

learning approaches require more data we need to first extend our dataset to obtain meaningful results.

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